

# Wholehearted Wonder Womenifesto

We leave a trail of our heart's magic wherever we go. *Lulu*

Heartfulness is living with an attitude of gratitude and love. Open your heart, look for the good, and miracles appear. *Corinne*

Outrageous self-acceptance, expansive self-knowing, and integrated self-expression. *Liz*

Look fear in the face and ask, "Wanna play?" *Laura*

Every moment turning inward is a chance to heal and return to love and wholeness. *Bridgette*

Honor yourself knowing that saying no to others, means saying yes to yourself. *Rivka*

Each of us is responsible for showing up, seeing ourselves and being seen in the world unabashedly. *Julie*

As you orchestrate collective stewardship for the earth and open to new glorious possibilities, you will rise from the ashes with a new reverence for life. *Dr. Zora*

Receptive to wonder, you brighten the world for yourself and others wholeheartedly. *Françoise*

This moment, here and now, alone or together, we discover we are whole, at peace, love and free. *Yantra-ji*

Energetically breathing in the soul's calling, believing you make a difference. *Pat*

Dream Magical Ass Dreams that empower and support a more significant you. *Nancy*

Welcome the support from a community of people who stands with you and for you, as you pursue your wildest dreams. *Wanda*

Open to living in your sweet spots. Every. Single. Day. *Keren*

Nurture, Honor, Respect, and Love yourself just the way you are so you can be whoever you want to be. *Kelley*

Dare to dance light-footed on the edge of a volcano just because you love the wind in your hair, and because you can. *Mi*

Embrace your age and evolve every day. *Sandra*

Recognize your desires. They are potent clues toward your destiny. *Daniela*

Walk the path of deeper self-love and embrace the wonder that unfolds. *Joy*

Opulence of the soul, brought forth through your heart, emanating the abundance of love. *Heidi*

Mother Earth grounds you as you shine your light in the world. *Meredith*

Express your joy and passion for no reason other than this is who you are. *Ghislaine*

Nurture your heart; its capacity is magnanimous. *Lulu*